



PROCLAMATION

“World Mental Health Day” (October 10, 2017)

- WHEREAS:** World Mental Health Day is an education campaign designed to encourage people to talk, reflect and engage with other on the importance of mental health and the reality of mental illness; and
- WHEREAS:** nearly 1 in 5 Canadian will suffer a mental disorder in their lives. The remaining 4 Canadians will be affected by a mental illness through a family member, friend, or co-worker; and
- WHEREAS:** of the 10 leading causes of disability worldwide, five are mental disorders: major depression, schizophrenia, bipolar disorder, substance abuse disorder and obsessive compulsive disorder: 30 – 40% of disability claims are for depression; and
- WHEREAS:** stigma is the number one reason people do not seek or receive treatment, experience workplace and social discrimination and experience barriers to recovers.
- NOW THEREFORE I,** Richard Walton, Mayor of the District of North Vancouver, do hereby proclaim **October 10, 2017** as “**World Mental Health Day**” in the District of North Vancouver.

A handwritten signature in black ink, appearing to read 'Richard Walton'.

Richard Walton
MAYOR

Dated at North Vancouver, BC
This 2nd day of October 2017