

NORTH SHORE SUBSTANCE ABUSE WORKING GROUP

MISSION STATEMENT

The North Shore Substance Abuse Working Group will support community organizations to reduce the impact and incidence of substance abuse on the North Shore through advocacy, collaboration and leadership.

MEETING

Wednesday, May 11, 2016 5:00 to 7:00 p.m.

**Committee Room, District Hall
355 W. Queens Rd, North Vancouver
MINUTES**

In Attendance:

Tanis Evans, Vancouver Coastal Health
Dr. Mark Lysyshyn, NS Medical Health Officer
Mardeam Neuman, Tsleil Waututh First Nation
Cllr Linda Buchanan, Councillor, CNV

Cllr Christine Cassidy, Councillor, DWV
Cllr Maureen Nicholson, Councillor, Bowen
Trustee Jessica Stanley, NV School District

Staff:

Annie Mauboules, DNV Staff Liaison
Paul Penner, CNV Staff Liaison
Arleta Beckett, DWV Staff Liaison
Mary Jukich, Committee Clerk
Charmaine Thomas, Squamish First Nation

Regrets:

Cllr Doug MacKay-Dunn, Councillor, DNV
Trustee Dave Stevenson, WV School District
Cpl Richard DeJong, RCMP
Chris Kennedy, RCMP Superintendent

Guests:

Dr. Naved Ali

Joanne Ronsley, Lions Bay Representative

1. Welcome & Introductions

2. Adoption of agenda

Update on Fentanyl was added to the agenda.

MOVED, seconded and carried
TO adopt the amended agenda

3. Adoption of minutes from January 20, 2016

MOVED, seconded and carried
TO adopt the minutes

4. Business Arising from Minutes

No business was presented.

5. Correspondence

- Letter to Mike Nader, Creation of youth hub on the North Shore
- SAWG Submission for support for non-prescription status of Naloxone

The correspondence was accepted as presented.

6. **Vancouver Coastal Health: Presentation on Drug and Alcohol Services for Youth and Adults on the North Shore**

Highlights of the Stepping Stones presentation:

- Supports people struggling with problematic substance use/mental health issues
- Interdisciplinary team an addiction medicine doctor, a psychiatrist, counsellors, nurses and staff
- Goals include health stabilization and long-lasting improvements in functioning
- Easy access to treatment with few barriers (clients can self refer and quickly start treatment)
- Clients can receive an assessment, addictions medicine consultation, psychiatric consultation, individual and group treatment, pharmacological treatment, outpatient detox and/or residential referral.
- Close working relationship with sister services (i.e. HOpe Centre) and referring non profit agencies (i.e. Turning Point)
- Over the course of one year Stepping Stones experiences 14,000 service events (attendance at individual sessions, group sessions and consultations)

Highlights of the Child and Youth Mental Health and Addictions presentation:

- Includes a multidisciplinary team of:
 - Clinicians
 - Psychiatrists
 - Behavior Support Workers
 - Prevention Consultants / Educators
 - Social Workers
 - Nurse

- Mental Health Services:

Children & youth (6-18) with mental health concerns

- Assessments (psychiatric & psycho-social)
 - Individual counseling
 - Family consultation and coaching
 - Outreach
 - Behavioral consultation and support/SRSP
 - Eating Disorders (Youth)
- Youth Addiction Services

Youth (13-18) with ***Substance misuse including Concurrent Disorders***

- Assessments
 - Individual therapy
 - Family consultation and coaching
 - Psychiatric consultations
 - Outreach
 - Group Therapy
 - Parent Support Group
- Intensive Youth Outreach Service (iYOS)
 - Hospital Social Worker Liaison
 - Substance Use Prevention
 - Groups
 - Connect parent group
 - Concurrent disorders parent group
 - Teen Skills group
 - Phototherapy group for youth
 - Access youth group
 - Addiction Group (Transition aged youth 17 – 24 yrs)
 - EPI groups (for parents and youth)
 - Social skills / Pre-teen groups
 - Positive discipline parent group
 - Chill Kids anxiety group
 - Therapeutic Day Program

Youth with **mental health and substance misuse** issues who are struggling in mainstream schools – Mountainside Secondary

7. Review of the Committee's Terms of Reference

Members reviewed the Substance Abuse Working Group terms of reference and discussed whether revisions to the structure or mandate may be required. Members discussed the committee's role, membership and recent work and whether to consider expanding the committee's scope to include mental health issues. As well, a question was raised if the committee title was still appropriate and clearly defined the committee as the committee primarily serves as information sharing.

MOVED BY Cllr Buchanan, seconded and carried

Staff be requested to review the committee name, the potential to also address mental health issues, meeting frequency and future agenda items and report back.

8. Sale of Alcohol in Grocery Stores: Overview of Sale of Alcohol By-Laws, North Shore

A brief update was provided on the sale of alcohol in grocery stores. Concerns were raised at the previous meeting that allowing the sale of alcohol in grocery stores resulted in grocery store owners increasing the price of food so that they could decrease

the price of alcohol. The committee explored how to support municipalities to prevent grocery stores from being able to sell alcohol through zoning and bylaws.

Update on Fentanyl

Overdose Emergency: In April, the Provincial Health Officer declared a public health emergency in response to record numbers of illicit drug overdoses in BC arising from illicit fentanyl in the drug supply. Although the North Shore has been affected by this problem, the vast majority of deaths in this region are occurring in Vancouver and Surrey.

9. Date of Next Meeting

A date was not determined, and members will be notified once a date is set.

It was suggested seniors substance abuse be an agenda item for the next meeting.

10. Any Other Business

No other business was presented.

11. Adjournment

The meeting was adjourned at 7:15 pm.